



COOKIE

PROTEIN

An Excellent Source of PROTEIN & FIBER

PEANUT BUTTER

24g PROTEIN **6g** FIBER **0g** CHOLESTROL

Nutrition Facts	
Serving Size 1/2 Cookie (57g)	
Servings Per Unit 2	
Amount Per Serving	
Calories 250	Calories from Fat 120
% Daily Value*	
Total Fat 13g	20%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 220mg	9%
Total Carbohydrate 21g	7%
Dietary Fiber 3g	12%
Sugars 14g	
Protein 12g	
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Calories Per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Peanut Butter, Evaporated Cane Juice, Water, Faba Bean Protein, Wheat Gluten, All Purpose Palm Shortening (RBD Palm Oil), Raw Sugar, Food Starch-Modified, Molasses, Contains Less Than 2% Of Baking Soda, Cinnamon, Citrus Fiber (Dried Orange Pulp), Natural Flavor, Natural Vanilla Flavor [Sugar Syrup, Natural Flavor, Ground Vanilla, Vegetable Gum, Premium Bourbon Vanilla Beans], Pure Vanilla Extract (Water, Ethyl Alcohol, And Extractives Of Madagascar Vanilla Beans), Salt.



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ESPRESSO DARK CHOCOLATE CHIP

22g PROTEIN **6g** FIBER **0g** CHOLESTROL

Nutrition Facts	
Serving Size 1/2 Cookie (57g)	
Servings Per Unit 2	
Amount Per Serving	
Calories 210	Calories from Fat 70
% Daily Value*	
Total Fat 7g	11%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Total Carbohydrate 26g	9%
Dietary Fiber 3g	12%
Sugars 18g	
Protein 11g	
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 8%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Calories Per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Evaporated Cane Juice, Faba Bean Protein, Water, Semi-Sweet Chocolate (Unsweetened Chocolate, Organic Cane Sugar, Cocoa Butter, Natural Vanilla Extract), Wheat Gluten, Palm Oil, Raw Sugar, Food Starch-Modified, Coffee, Molasses, Contains Less Than 2% of Baking Soda, Citrus Fiber (Dried Orange Pulp), Maltodextrin, Natural Vanilla Flavor [Sugar Syrup, Natural Flavor, Ground Vanilla, Vegetable Gum, Premium Bourbon Vanilla Beans], Pure Vanilla Extract (Water, Ethyl Alcohol, and Extractives of Madagascar Vanilla Beans), Salt.



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OATMEAL & RAISIN

20g PROTEIN **6g** FIBER **0g** CHOLESTROL

Nutrition Facts	
Serving Size 1/2 Cookie (57g)	
Servings Per Unit 2	
Amount Per Serving	
Calories 200	Calories from Fat 45
% Daily Value*	
Total Fat 5g	8%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 170mg	7%
Total Carbohydrate 29g	10%
Dietary Fiber 3g	12%
Sugars 18g	
Protein 10g	
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Calories Per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Rolled Oats, Raisins, Evaporated Cane Juice, Water, Wheat Gluten, Faba Bean Protein, All Purpose Palm Shortening (RBD Palm Oil), Raw Sugar, Molasses, Food Starch-Modified, Pure Vanilla Extract (Water, Ethyl Alcohol, And Extractives Of Madagascar Vanilla Beans), Contains Less Than 2% Of Baking Soda, Cinnamon, Natural Vanilla Flavor [Sugar Syrup, Natural Flavor, Ground Vanilla, Vegetable Gum, Premium Bourbon Vanilla Beans], Resistant Maltodextrin, Salt.



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CHOCOLATE CHIP

22g PROTEIN **6g** FIBER **0g** CHOLESTROL

Nutrition Facts	
Serving Size 1/2 Cookie (57g)	
Servings Per Unit 2	
Amount Per Serving	
Calories 210	Calories from Fat 60
% Daily Value*	
Total Fat 7g	11%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Total Carbohydrate 27g	9%
Dietary Fiber 3g	12%
Sugars 20g	
Protein 11g	
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 8%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Calories Per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Evaporated Cane Juice, Faba Bean Protein, Water, Wheat Gluten, Semi-Sweet Chocolate (Sugar, Unsweetened Chocolate, Cocoa Butter, Soy Lecithin (An Emulsifier), Natural Vanilla Extract), Palm Oil, Raw Sugar, Molasses, Food Starch-Modified, Contains Less Than 2% of Baking Soda, Citrus Fiber (Dried Orange Pulp), Maltodextrin, Natural Vanilla Flavor [Sugar Syrup, Natural Flavor, Ground Vanilla, Vegetable Gum, Premium Bourbon Vanilla Beans], Pure Vanilla Extract (Water, Ethyl Alcohol, and Extractives of Madagascar Vanilla Beans), Salt.



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